



Achy	Fast	Raw
Airy	Frozen	Rolling
Aligned	Full	Shaky
Alive	Fuzzy	Shallow
Bloated	Goose Bumpy	Sharp
Blocked	Gurgling	Shimmering
Breathless	Hard	Shivery
Brittle	Heavy	Shudder
Bubbly	Hot	Silky
Burning	Icy	Smooth
Buzzing	Intense	Soft
Chilled	Itchy	Spacious
Clammy	Jagged	Spacious Breathing
Closed	Jittery	Spasming
Cold	Jumbly	Sticky



Congested	Jumpy	Still
Constricted	Knotted	Stretchy
Constricted Breathing	Light	Stringy
Contracted	Limp	Strong
Cool	Loose	Suffocating
Cozy	Nauseous	Sweaty
Cramped	Numb	Tender
Dense	Open	Tense
Dizzy	Paralyzed	Thick
Dull	Pounding	Throbbing
Elastic	Pressure	Tickly
Electric	Prickly	Tight
Empty	Puffy	Tightness of skin
Energized	Pulled	Tingling
Expanding	Pulsing	Trembling
Faint	Quaking	Twitchy



Fluid	Quiet	Vibration
Flushed	Quivering	Warm
Fluttery	Radiating	Weak
Foamy	Ragged	Wobbly
Fisted	Rested	Wrung-Out
